## WWW.MCBHAWAII.MARINES.MIL Hawaii Marine



Cpl. Sarah Dietz | Marine Corps Base Hawaii Marines participating in the Combat Hunter Trainer Course document evidence found in a military operations on urban terrain town during a tactical site exploitation exercise Wednesday at Marine Corps Training Area Bellows.

## Marines, sailors pick up investigative skills during course

Cpl. Sarah Dietz

Marine Corps Base Hawaii

MARINE CORPS TRAINING AREA **BELLOWS** — Marine Corps Base Hawaii Marines and sailors participated in a tactical site exploitation exercise at Marine Corps Training Area Bellows during the Combat Hunter Trainer Course, Wednesday.

The course is conducted by the School of Infantry West, based out of Marine Corps Base Camp Pendleton, Calif., but supports Detachment Hawaii and is located aboard MCB Hawaii.

Students searched different mili-

tary operations on urban terrain towns for evidence left by simulated terrorists. They collected data, photographs and suspicious items that may indicate a possible terrorist attack. They also cleared improvised explosive devices throughout the towns.

Students also learned how to proper-

ly gather information without contaminating it, which could mean the difference between an innocent or guilty verdict in court.

Capt. John Dick, officer in charge, Combat Hunter Course, said tactical site

See HUNTER, A-3

## MarForPac general visits Royal Australian Air Force base, awards Bronze Star Medal

Cpl. James Gulliver Marine Rotational Force Darwin

ROBERTSON BARRACKS, Northern **Territory**, **Australia** — Lt. Gen. Terry Robling, commanding general, U.S. Marine Corps Forces, Pacific, visited the Marines of Marine Rotational Force Darwin in order to present a Bronze Star Medal with Combat Distinguishing Device to Brig. Michael Harris during an award ceremony.

at Robertson Barracks, Northern Territory, Australia, Tuesday. Both Marines and Australian Soldiers with the 1st Brigade, marched onto the field and awaited the start of the ceremony.

"The Australians and the United States share many common interests both as nations and as people," Robling said. "Today we are here to honor an Australian (who) served next to us as one of our own."

Harris served as commanding officer of Delta Company, 1st Battalion, 9th Marine Regiment. He was the first non-American to lead Marines in combat during the Vietnam

"It is a great honor for me to receive this medal today," Harris said. "It represents the hard work, the perseverance and the desire to close with the enemy of all the Marines in Delta Company."

Throughout his speech to the Marines, Harris told stories of his actions in Vietnam and the heroics performed by his Marines.

"The Marines inspired me to perform my mission with the utmost skill," he said. "I knew that being able to lead such a fine group of Marines would be no easy task."

Harris was also presented the title of honorary Marine, a title held by less than

See ROBLING, A-3



Cpl. James Gulliver | Marine Rotational

Lt. Gen. Terry Robling, commanding general, U.S. Marine Corps Forces, Pacific, discusses the Aviation Combat Element of Marine Rotational Force Darwin with Lt. Col. Matthew Puglisi, officer in charge, Forward Coordination Element, MRF-D, aboard Royal Australian Air Force's Base Darwin, Wednesday.

## MCB Hawaii Environmental Department receives SecDef award

**Kristen Wong** 

Hawaii Marine

The Environmental Compliance and Protection Department aboard Marine Corps Base Hawaii recently earned both the 2014 Secretary of Defense and Secretary of the Navy Environmental Awards in the Natural Resources Conservation, Small Installation category.

The base received a trophy, certificate of appreciation and an American flag. Both wins were based on the installation's accomplishments during fiscal year 2013.

"MCB Hawaii demonstrated the innovative use of limited funding to protect the environment while accomplishing their mission," states the Department of Defense Environment, and Occupational Health Network and Information Exchange at www.denix.osd.mil.

Military installations, departments and individual staff members have been recognized by the DoD for environmental efforts since 1962. Large and small installations alternately compete on even and odd fiscal years, respectively.

The base has earned many awards in various categories for more than 30 years, including previous SecNav award wins in 1996 and 2006.

"While we understand that awards are subjective in nature, the summary of action write-ups are based on real actions taken by individuals who recognize that this is about something bigger than themselves," said Capt. Derek George, director of the Environmental "The Department. installation's mission and credibility are always at the forefront of my mind when these awards are announced. I am proud to congratulate the department on its fourth Secretary of the Navy and third Secretary of Defense Environmental Award over the last four years, and I am extremely grateful to have been a part of this great achievement."

According to a Sept. 4, 2013 memorandum by the Office of the Under Secretary of Defense, the Natural Resources Conservation category recognizes "efforts to promote the conservation of natural resources, including the identification, protection, and restoration of biological resources and habitats; the sound long-term management and use of the land and its resources; and the promotion of the conservation ethic.

"In my opinion, the success of the award can be attributed to (several) factors," George said. "First and foremost are the dedicated stewards of the Natural Resources and other environmental programs who tirelessly implement processes (balancing) resource conservation and operational requirements. They have maintained a strong relationship with our regulators and partners to ensure that this balance is realized. Second, the support of the commanding officer and principal staff has allowed us to do our jobs. Knowing that the command has trust and confidence in our recommendations speaks volumes to the program managers and regulators, and fosters a productive work environment."

According to the base's nomination package, the base department was engaged in multiple labor-intensive projects, such as reopening a floodway for Waimanalo stream.

The base also assisted the neighboring Kailua community by diverting the Kailua Bay current to its stream banks, preventing future floods in the area.

"We appreciate the recognition for the hard work that we do," said Todd Russell, natural resources manager at the Environmental Department. "It's nice to have a pat on the back every once in awhile."

The MCB Hawaii community has also played a role in environmental projects on the base.

Last year, Marines assisted Natural

See SECDEF, A-3



Olympic visits Competitors from Sochi Olympics visit MCB Hawaii, **B-1** 



Make PCSing a piece of cake How to utilize DMO, move.mil **B-4** 



Sunday

## **EWS BRIEFS**

National Take Back initiative

Old medications can be disposed of anonymously, no questions asked, during the National Take Back initiative, Saturday. Mokapu Mall will have sites set up for medication discard from 10 a.m. to 2 p.m. For more information, call Quentin Redmon at 257-3900.

#### **Volunteers needed to make Memorial Day leis**

Foster Botanical Garden staff is looking for volunteers to make ti leaf leis May 12 and 19 from 9:30 to 11:30 a.m. The leis will be placed on the graves of veterans for the Mayor's Memorial Day Ceremony at the National Memorial Cemetery of the Pacific in Honolulu. For more information, call 522-7066.

#### **Punchbowl Cleanup**

Volunteers are needed for flag and lei cleanup at the National Memorial Cemetery of the Pacific, May 27, at 7:30 a.m. Recommended attire includes jeans, hat, sunscreen and closed-toe shoes. Volunteers will need to bring their own water, snack or lunch. Children are welcome but must be supervised. Volunteers should meet at the front building of the cemetery entrance. For more information, contact Larry Thornton at 532-3758.

#### **DEFY Summer Leadership Camp 2014**

The Drug Education For Youth Summer Leadership Camp is scheduled from July 14 through 28 aboard Marine Corps Base Hawaii. The nationwide DEFY program is sponsored by the Department of Defense and teaches leadership, teamwork skills, builds self-esteem, goal-setting, drug awareness and prevention, and deglamorization of "gang mentality" for children ages 9 through 12 years old.

Although military children are given preference for this program, civilian children are allowed to participate if there is enough space. Applicants are received on a first-come, first-served basis.

During the non-residential, eight-day program, participants meet each morning at the Provost Marshal's Office in building 1095. Parents will pick up their children at the same location at 4 p.m. The program is free, and includes transportation for field trips, admissions, snacks and lunch. The program is also accepting applications for volunteers 18 years and older to assist in the two-phase program. The volunteers assist during an eight-day summer camp and one Saturday a month for nine months in a youth-mentoring program. The application deadline is June 6. Volunteer positions include mentors, healthcare supervisor and camp photographer. For more information or to pick up volunteer and participant applications, email molly.pope@usmc. mil or jessica.burns@usmc.mil.

#### BHWAS pickup number is working

The biohazard waste pickup number, 257-9913, and voicemail options are currently working. Alternative email methods for requesting pickups have been cancelled. Email requests to will not be accepted. Pick-up requests should be made using 257-9913 or in person at building 6409. The BHWAS waste pickup number is for military commands aboard Marine Corps Base Hawaii, not residential services. For more information, call Tammy Collins at 257-1020/0770.

## **Lost and Found**

Lost and Found is located at the Provost Marshal's Office in the Physical Security section of building 1095. If you are attempting to claim property, please provide any proof of ownership you may have available. A person claiming ownership of any item(s) will be required to provide a detailed description of the article prior to release. Call Sgt. Steven Mitre at 257-8557 for more information.

## Important phone numbers

On-base emergencies	911
Child Protective Services	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii chaplain	257-3552
DEERS	257-2077

Commanding Officer **Base Sergeant Major Public Affairs Director** Managing Editor/Internal Media Chief Combat Correspondent Combat Correspondent Combat Correspondent Combat Correspondent Combat Correspondent Photojournalist Photojournalist Photojournalist

**Graphic Artist** 

**Graphic Artist** 

Col. Brian P. Annichiarico Sgt. Maj. Robert Eriksson Maj. Pamela K. Marshall Sgt. Jenn Farr Cpl. Sarah Dietz Cpl. Nathan Knapke Ĉpl. Janelle Y. Villa Lance Cpl. Suzanna Knotts Lance Cpl. Matthew Bragg Christine Cabalo Kristen Wong Rochelle Smolinski Jay Parco Rochelle Smolinski

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Fax: 257-2511, Phone: 257-8837

## BASE CHAPEL CELEBRATES EASTER WITH SUNRISE SERVICE



Lance Cpl. Suzanna Knotts | Marine Corps Base Hawa

The Hanohano No Akua Ka Hulahula (Dancing for His Glory) Hawaiian Aloha dancers perform during the annual Marine Corps Base Hawaii Easter Sunrise Service at Landing Zone Eagle across from Fort Hase Beach, Sunday.

## ENVIRONMENTAL CORNER

In the 1990s, native Hawaiians constructed two rock walls at Pyramid Rock and Fort Hase Beaches. The mortar-less walls were built using a traditional ancient Hawaiian art of locking stones together. They were also blessed by a native kahuna, or Hawaiian priest or shaman.

Marine Corps Base Hawaii personnel have gone to great lengths to preserve sites like these, as well as protect endangered birds, Hawaiian remains and other cultural features.

Numerous gates, fences, warning signs and stone walls have been built in an attempt to preserve and protect the base's natural resources. To damage or vandalize these areas is against federal regulations. If caught, the offender faces military punishment and an appearance in federal

Individuals are encouraged to report acts of vandalism, including but not limited to, stealing rocks from walls, damaging or defacing federal signs. Reports may be made to the Provost Marshal's Office at 257-7114 or federal conservation law enforcement officers at 216-5178. Together, Marines, sailors and civilians can help as stewards of Mokapu Peninsula.



## **Oncology on Canvas paints a journey**

Staff Sgt. Chris Hubenthal Defense Media Activity - Hawaii News Bureau

TRIPLER ARMY MEDICAL CENTER, Hawaii — Service members, families, patients and survivors joined together to use art as a way to reflect during the eighth annual Oncology on Canvas event April 12.

Pat Nishimoto, TAMC adult oncology clinical nurse specialist, described how the event enabled those affected by cancer to express on canvas that which gives their cancer journey meaning.

"To me it's magic," Nishim said. "It is a chance for our patients, their families and their friends to come in and use art to reflect on their cancer journey because cancer doesn't happen just to the patient, it affects everyone who knows them and cares about them."

Haley Tyrell, a 10 year old who was diagnosed with cancer at the age of 5, and her family were in attendance. Haley's father Patrick Tyrrell, retired Marine, her mother Wendy Cockshell, and her brother Zachary Tyrrell, 8, painted their journey during the event as a family.

"This is probably the only time that our family sits back and looks at what we've been through," Cockshell said. "We usually put it in the background and do what we have to do. Today makes you stop and think about this whole journey with our Haley, and what it means to us and how it changes your life." Haley's brother explained how

his painting helps represent his family's journey with cancer. "I guess I'm a pretty big eater

and I was eating donuts when an idea popped into my head," Zachary said. "The picture was called 'Cancer equals bad and donuts equal good' and on one side it had a smiling donut and

then it had a person crying." Cockshell described

affection that Haley and Zachary

share with one another. "They love each other very much and Zachary does a lot for his sister," Cockshell said. "She came down with cancer when she was 5-years-old, the week after he had his fourth birthday. There's

not a lot he remembers before she

had cancer and because she had



Staff Sgt. Chris Hubenthal | Defense Media Activity - Hawaii News Burea

Haley Tyrrell, 10, paints a picture with her father Patrick Tyrell, retired Marine, during the eighth annual Oncology on Canvas event at the Tripler Army Medical Center in Honolulu, April 12.

brain and spinal cancer she had to learn to move and speak again so he lost his little playmate all in one day. She looks after him and he looks after her a lot now."

Cockshell's painting helped represent both the good and the bad times her family goes through during their journey.

"My picture is called 'the sun rises and the sun sets,' and I drew shadows of things that actually haunt me from Haley's journey and as joyful as it is we see both sides more intensely," Cockshell said. "We see happiness, and the sad times are really devastating. There's more intensity in life and living in the moment in these few shadows that come out this year in the painting." Patrick used the opportunity

to paint as a way to showcase his daughter's kindness and the love his family shares. "I started (painting) Haley in a

wheelchair," Patrick said. "She's famous for her hugs and gives everyone she knows hugs and sometimes people that she doesn't buddy Zachary, is a wonderful brother so I tried (painting) him giving her a hug."

know. I wanted to have her in her chair hugging someone. Her He also described how his family benefits from activities

where they are able to interact

with other families going through

similar situations.

"You can kind of relate it to a deployment where you come back and when you try to tell your buddy who's not in the military what you've been through, they don't understand," Patrick said. "Families with cancer understand the trials and tribulations you go through."

During Oncology on Canvas, Haley painted a picture that represented herself and her family.

"It said 'I love me' and I drew a picture of me with a chair and I drew a big heart," Haley said. "I love my family."

Nishimoto described unique opportunity an event like this offers those affected by cancer.

"No one else is doing it like this anywhere in the United States where we have kids come and we have friends come," Nishimoto said. "We use it as a chance where you don't feel so alone as you go through this journey."

Talking with survivors, friends and family during the Oncology on Canvas events always touches Nishimoto.

"Tears always come to my eyes," Nishimoto said. "Patients I thought would never come show up and they share some very intimate thoughts that I didn't even know was going on with them. Their stories are so magnificent and I feel very honored that they're willing to share that with us."

#### SECDEF, from A-1

Resources staff with the removal of 300 muddy tires from Nuupia Ponds. Although the tires initially served as a nesting ground for the Hawaiian stilt shorebirds during the 1980s, they have since stopped using them.

In addition, more than 500 service members and civilians volunteered more than 800 hours helping the department staff clear invasive plants and other obstructions in wetland, coastal and wildlife management

"It takes everybody's support to maintain our base's natural resources," said Lance Bookless, the senior natural resources manager for the Environmental Department. "There's a broad range of supportive acts, such as simply avoiding damage to and showing respect for the (surrounding) environment."

Bookless said the department is grateful for assistance from various entities including, but not limited to, the Base Inspector's Office and Sierra Club.

"The Marines, and civilian employees who work and live aboard Marine Corps Base Hawaii have a great understanding of how important it is to protect our resources, which makes compliance with environmental law less difficult at times," George said. "Many have volunteered their personal time to support our programs, and we are thankful for their contributions as well."



Cpl. Sarah Dietz | Marine Corps Base Hawaii

A service member participating in the Combat Hunter Trainer Course removes an identification card from a bike in his search area during the class's tactical site exploitation portion of the course at Marine Corps Training Area Bellows, Wednesday.

## **HUNTER**, from A-1

exploitation knowledge is important, not only in a combat zone but in any crime scene situation.

"Just because we (are drawing down in Afghanistan) does not mean we won't have to gather evidence anymore," Dick said. "The better we are at collecting information, the more we can help the government of whatever nation we find ourselves in."

The tactical site exploitation training was part of the course's 15-day curriculum. The course certifies the students as combat hunters and trainers to instruct the Marines and sailors under their charge, at their units.

"(The course is) extremely valuable," said Cpl. Scott Boyles, student in the course. "This would help my Marines sharpen their skills. Once you learn a little, you want to keep going."

Beyond tactical site exploitation, the course teaches Marines and sailors physical and environmental surveillance skills such as tracking, enhanced observation and basic profiling.

Through tracking, students can potentially identify features like the weight, direction and sense of urgency of their target. Students can also determine potentially dangerous situations by using basic profiling skills to better gauge individuals.

"Combat Hunter isn't just about combat, it's about enhanced situational awareness wherever you are," said Dick, a native of Livingston, Scotland. "The course uses different schools of thought to enhance their education. We teach them to identify things like workplace violence before it happens, pre-event indicators of a sexual assault. We teach them behavioral techniques to identify drug and alcohol abusers to better police their Marines."

In addition to basic combat hunting skills, students also hone their military leadership skills as service members.

"We create a more mature noncommissioned officer, giving them more experience," Dick said. "We teach them enhanced situational awareness and being proactive vice reactive."

## ROBLING, from A-1

100 people.

"The title "Marine" is never bestowed without just cause," Robling said. "The fact that so few people have earned this truly represents the saying 'the few, the proud, the Marines.'"

During his speech Gen. Robling emphasized the relationship between the Marines and Australians who have work together since World War I. He also emphasized the importance of MRF-D to the continuation of this alliance. The Marines with MRF-D will conduct independent and bilateral training with the Australian Defence Force in the Northern Territory and at existing ADF facilities during the sixmonth rotation.

Robling concluded his speech with saying how much of an honor it was to serve next to the Australian Defence

"Marines rotating here to Darwin will vastly be able to improve their skills working with our capable ally in the Pacific," he said. "We will always be proud to serve next to Australians."

A-4 • APRIL 25, 2014

## MCB Hawaii observes Sexual Assault Awareness Month

Rochelle Smolinski

Hawaii Marine

Jeans, information tables and an informal gathering are some of the ways Marine Corps Base Hawaii recognized April as Sexual Assault Awareness Month.

The Department of Defense's Sexual Assault Prevention and Response Strategic Plan denotes a zero tolerance policy on sexual harrasment. Service member behavior can be regulated through training and awareness, but service branches encounter challenges encouraging victims of sexual assault to come forward and report incidents.

"We want to bring awareness to sexual assault not only during April, but for the entire year," said LaTasha Banks, installation sexual assault response coordinator at Marine and Family Programs for MCB Hawaii. "We have so many resources: counselors, chaplains, UVAs, and medical personnel. The message I want victims to know is there is help available to them."

Banks organized prevention outreach by planning an SAPR meet and greet for uniformed victim advocates to meet each other and receive updates on the SAPR Program at the Chaplain Joseph W. Estabrook Chapel, Wednesday.

Gunnery Sgt. Gustavo Farfan, Envi-



Rochelle Smolinski | Hawaii Mari

Lance Cpls. Bradleigh Cosby and Destry Walrath, both disbursers at the base Finance Office on Marine Corps Base Hawaii, wore jeans and teal ribbons as the approved uniform of the day in observance of Denim Day during April's Sexual Assault Awareness Month, Wednesday.

ronmental Complicance and Protection staff noncommissioned officer in charge at Headquarters Battalion, also serves as a UVA in addition to his active duty responsibilities. According to Farfan, the UVAs serve as front-line personnel assisting victims with immediate emotional support and guidance through sexual assault cases.

"I hope Marines recognize the month by attending the events taking place on the base," Farfan said. "I think we do a pretty good job training and educating Marines, but I hope they take advantage of these supportive events."

Banks also suggested the base participate in the Denim Day observance.

In 1992, Denim Day's inception began in Italy where an 18 year old was sexually assaulted by her 45-year-old driving instructor. She initially pressed charges and won, but the decision was overturned in an Italian appeals court in 1999 because one member insisted the girl's tight jeans could not have been removed without her help. Women in the Italian Legislature protested the ruling by wearing jeans to work.

Banks, who served in Navy and

Army SAPR programs for eight years, said Col. Brian P. Annichiarico, commanding officer, MCB HAwaii, is the first commanding officer in her experience to approve denim as uniform of the day for Denim Day.

Marines, sailors, and civilians were encouraged to wear jeans and teal shirts or ribbons to work during Denim Day, Wednesday, in recognition of SAAM. Being out of uniform may have been as foreign as it was freeing, but Marines and sailors didn't forget the purpose behind the dress change.

"If we weren't aware of these situations going on — where would these people go for support and love when they need it?" said Lance Cpl. Bradleigh Cosby, a disburser at the base Finance Office. "It's not every day we can lend them a hand. We did at least once this month and if we can give them thousands of hands, why not?"

In observance of SAAM, MCB Hawaii will have SAPR representatives staffing information tables during the Earth Day Expo at Mokapu Mall, April 30, from 10 a.m. to 2 p.m. For more information and resources about sexual assault and prevention in the military, visit www.sapr.mil.

MCB Hawaii's new 24-hour SAPR Helpline is available seven days a week at 216-0126.

# Sports & Lifestyle



Photos by Lance Cpl. Matthew Bragg | Marine Corps Base Hawaii

ABOVE: Emily Cook, a three-time U.S. Olympian and six-time U.S. champion in aerial skiing, conducts combat hunter training with School of Infantry West Marines at Marine Corps Training Area Bellows, April 17.

ABOVE LEFT: U.S. Olympians Emily Cook (left) and Alex Deibold (second from left), learn how to use the M224 60 mm lightweight mortar system from Marines with 3rd Battalion, 3rd Marine Regiment, in the Indoor Simulated Marksmanship Training center, April 16.

#### Lance Cpl. Matthew Bragg

Marine Corps Base Hawaii

Third Marine Regiment hosted two U.S. Olympic athletes with American 300 Warrior Tours aboard Marine Corps Base Hawaii, April 16 and 17.

American300, founded by Robi Powers, is an educational organization that sponsors activities aimed at and honoring motivating service members. Powers created the nonprofit association in 2006 soon after he received a call informing him one of his mentors had been killed during a nighttime firefight in western Afghanistan.

Since he founded the organization, Powers has helped American volunteers connect with troops at more than 400 bases around the world.

American300 returned to the island of Oahu for the second time and brought with them two Olympians from the 2014 Winter Olympics, held in Sochi, Russia, to get their hands dirty with Marines.

Emily Cook, a three-time U.S. Olympian and six-time U.S. champion in aerial skiing, and Alex Deibold, a bronze medalist in Snowboard Cross during the Sochi games, were the first Olympians to join American300 and train alongside service members.

Their first day aboard the base was one event after another. The Olympians woke up at 3:30 a.m. to participate in a 15-kilometer run with the snipers platoon. The athletes wore flak jackets, Kevlar helmets and carried rubber M16A4 service rifles during the exercise with the Marines.

"We do a lot of engagements, which is a lot of shaking hands and meeting cool people, but it's kind of boring at the same time," Deibold explained. "I mean, it's a huge honor to meet them, but we wanted to come here and get dirty. We wanted to meet people who were actually doing stuff. (Working out) with the Air Force a couple days ago, which I thought was hard, actually turned out to be pretty easy after our ruck run yesterday. There's such a tremendous amount of respect for you guys and what you have to go through."

From there, the athletes participated in a crew-served weapons package at the Indoor Simulated Marksmanship Training center with 3rd Battalion, 3rd Marine Regiment. Cook and Deibold introduced themselves to the battalion and practiced firing the FGM-148 Javelin, BGM-71 TOW and the M224 60 mm lightweight mortar system.

After learning how to fire some of the Corps' more advanced weapons, the athletes took a lunch break at the Anderson Hall Dining Facility with another group of Marines before heading to Puuloa Range Training



U.S. Olympian Alex Deibold (right), practices firing an FGM-148 Javelin in the Indoor Simulated Marksmanship Training center with 3rd Battalion, 3rd Marine Regiment, April 16.

Facility in Ewa Beach, Hawaii, to engage in live fire on targets. The Olympians used the M4 Carbine from 200 meters.

The next morning, Cook and Deibold participated in a physical fitness test before heading to Marine Corps Training Area Bellows in Waimanalo, Hawaii, to train with Marines completing the Combat Hunter Training Course with School of Infantry West.

The course, part of Marine Corps Base Camp Pendleton, supports Detachment Hawaii.

The athletes got a taste of a regular training day for Marines as they trotted through the shrubbery at MCTAB for several hours. By the time they were finished, Cook and Deibold thanked the SOI West Marines before heading back to MCB Hawaii.

"It's been a long road, and I've gone through a lot (to reach the Olympics),' Deibold said. "I think the amount of effort I put into it made (winning a bronze medal) that much sweeter, but I can tell you that as hard as I've trained for as long as I have, I haven't been as sore as I am today."

Powers escorted the Olympians back to the base for a final stop at building 7048, headquarters for Wounded Warrior Battalion West-Detachment Hawaii,

where wounded warriors spoke with the Olympians and shared stories. "I just hope you guys can appreciate the respect (we have) and how cool it is

for us to come out here and truly get my



U.S. Olympian Emily Cook shares her thoughts on the combat hunter training she received with SOI West Marines at Marine Corps Training Area Bellows, April 17.

hands dirty," Deibold said. "We literally just walked out of the jungle where Marines were training, got in a car and came over here. I appreciate everything you guys do for us.'

Cook and Deibold both shared their

life story with the wounded warriors. "People put us up on these pedestals, but I'm just a normal guy," Deibold explained. "I still work a 9 to 5 when

I get home from this. I still have to

support myself, and seeing what you guys go through is so impressive. We train at the most elite level to compete at the highest level in the world, and I still got my butt handed to me over the last couple of days. But to come out and interact with you guys and meet the people who are actually making a difference and going through the trenches has been a huge honor for me. It's really been such a cool experience."

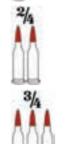
## Your weekly guide to the best aspects of entertainment

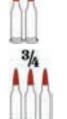
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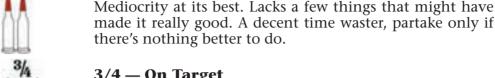
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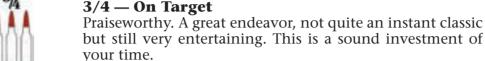
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4/4 — Confirmed Kill

1/4 — No Impact, No Idea

unforgivable. Avoid at all costs.

2/4 — High And To The Right

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

## **Better Know A Critic**

Cpl. Sarah Dietz enjoys a good TV show that makes sense. She looks for creativity in individual films and TV shows and looks specifically at characters who are believable and passionate. She enjoys



all genres. She would prefer to avoid horror but will endure it if the audience needs a critic.

#### 'Brooklyn Nine-Nine' right on target chemistry and friendships In the most recent episode, Detectives

Cpl. Sarah Dietz

Marine Corps Base Hawaii

Fox's new hit show "Brooklyn Nine-Nine" has taken off since its airing September 2013. The show is about a comical police department in Brooklyn, N.Y., starring a variety of actors, including Terry Crews and "Saturday Night Live's" Andy Sanberg.

The department is made up of extremely different individuals, yet they mold together in a family-like environment. The group is complete with its token mean girl, overachiever, goof ball, the slacker, sarcastic cop, "good" cop and a just plain strange cop. Their fearless leader is a tall, monotone homosexual captain, Ray Holt (Andre Braugher), who intimidates his crew.

The show reminded me of "The Office," with a sitcom versus reality show feel. The seemingly dysfunctional police

department has its surprising moments awesome among perpetual awkward. The team solves crimes and mysteries while maintaining their comedic personalities serious situations. In reality, it

would be more believable that this diverse group of people would be at each other's throats vice being patient and supporting one another. But, within the show, the cast has developed keeps your attention.

THE ORDER.

I don't believe they make police department

that are to watch.

personnel look bad. It is such a sarcastic comedy it is obviously not a credible representation of work life in the NYPD. But, they do honor what police officers stand for, to fight crime, serve justice and sacrifice. In one episode, a police officer took a bullet for his colleague.

I originally started watching the show because I needed to pass the time. I found it surprisingly

addicting. The humor is in good taste and

Jake Peralta (Sanberg, a.k.a. the goofball) and Amy Santiago (Melissa Fumero, a.k.a. the overachiever) had to go undercover with Holt into an amateur dance competition to bust a drug ring. It wound up being a comical experience involving a thrift store, signature dance moves, a sprained ankle and a lead in a

It is truly "the law without the order" as the show's advertising slogan states. They take their job seriously of course. Fighting crime requires a sense of

seriousness, but they maintain a sometimes inappropriately-timed goofy persona.

serious case.

Just because enjoy a good comedy, I give "Brooklyn Nine-Nine" a fourbullet rating.



Prices: All shows are \$4.25 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.





"Muppets Most Wanted" PG Today | 6:30 p.m. "Need For Speed" PG-13 Today | 9:15 p.m.

"Sabotage" R Saturday | 9:15 p.m.

"Divergent" PG-13 Sunday | 6:30 p.m.

"Noah" PG Saturday | 6:30 p.m.

"Mr. Peabody and Sherman (in 3-D)" PG Sunday | 2 p.m.

"Sabotage" R Wednesday | 6:30 p.m.



Cpl. Janelle Y. Villa

Marine Corps Base Hawaii

Moving every few years is a common occurrence for military members. On average, service members move every two to three years to meet the needs of their branch. This can be a difficult task for some, especially those with children, spouses or pets. Life can be simplified with the help of the distribution management office.

The distribution management office deals with permanent changes of station, end-of-active-service moves or transitioning from off-base to base housing. The DMO staff help with moving a person's household goods from one duty station to the next, or back to the person's home of record after their contract has ended.

Upon receiving web orders, service members must set up a personal property move at www.move.mil. After establishing the personal property move, contact DMO to make an appointment. Retiring and separating military members must bring their orders into DMO to arrange their move in person.

The distribution management office needs 15 to 20 days notice to arrange PCS moves and five to seven working days to arrange a local economy move into base housing.

"During the peak season it's best to give us more notice for a move," said Sgt. Rey Campos, the platoon sergeant for DMO. "The peak season is May through August. That's when we have the most service members leaving island."

Service members must attend a counseling brief at the DMO building 209 which explains the moving process. The brief takes place Monday, Wednesday and Friday at 8:30 a.m.

Service members are entitled to ship one vehicle and household goods.

Those EASing have up to six months after their EAS date to utilize the free-move entitlement, according to Campos. Those retiring have up to one year after their retirement date to utilize the entitlement.

Household goods include furniture, motorcycles, all-terrain vehicles and other large household items. Unaccompanied baggage includes smaller items like clothes and dishes.

Empty propane tanks and small firearms such as pistols and revolvers can be shipped as part of the unaccompanied baggage shipment, Campos explained. All terrain vehicles and dirt bikes can also be shipped, but two copies of the bill of sale are needed as proof of ownership.

Some items, like batteries, ammunition and flammables, are prohibited to ship.

There are weight limits when shipping household goods and unaccompanied baggage. These entitlements vary with rank and dependency status.

"Service members who are EASing can have their belongings sent somewhere other than their home of residence or recruiting station," Campos explained. "They can send it to an alternate location, but they could be subject to extra cost depending on the destination. For questions on alternate locations, they can call DMO."

Household goods and unaccompanied baggage will be sent to the nearest Joint Personal Property Office at the service member's end destination. The service member will be contacted by the nearest JPPO for delivery of their items. Service members PCSing and EASing have a maximum of six months of non-temporary storage and retiring service members have a maximum of one year of non-temporary storage upon request.

Delivery dates vary according to the distance between the starting and ending destinations. Estimated delivery times are between 36 and 55 days for unaccompanied baggage and 45 to 65 days for household goods from Hawaii. Vehicle deliveries vary between approximately 21 and 35 days

Vehicles will be sent to the nearest port at the service member's end destination. The service member must retrieve their vehicle from the port.

"My best advice is to plan properly," Campos said. "Don't wait until the last minute. That's the biggest thing. Start the process early."

The DMO is open Monday through Friday, from 7:30 a.m. to 4 p.m. On Thursdays, they close at 2 p.m. For more information, call 257-3566.

### **Quick facts**

- Peak moving season is May August, plan accordingly
- Be aware of weight limits for household goods and unaccompanied baggage, limits vary by rank and dependents
- Goods can be kept in non-
- temporary storage, six months to one year depending on orders
- One vehicle per set of military orders is eligible for shipment
- Give DMO 15-20 days notice before move

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## **COMMUNITY, SPORTS AND VOLUNTEER OPPORTUNITIES**

#### **Hawaii Book and Music Festival**

The annual Hawaii Book & Music Festival comes to the Frank F. Fasi Civic Grounds at Honolulu Hale May 3 and 4, from 10 a.m. to 5 p.m. Admission and parking are free for this family-friendly event featuring storytelling, activities and presentations.

For additional information, visit www.HawaiiBookAndMusicFestival.org or contact Amy Hammond at 234-0404 or specialeventshawaii@gmail.com.

#### Volunteers needed to make Memorial Day leis

The Foster Botanical Garden staff is looking for volunteers to make ti leaf leis May 12 and 19 from 9:30 to 11:30 a.m. The leis will be placed on the graves of veterans for the Mayor's Memorial Day Ceremony at the National Memorial Cemetery of the Pacific in Honolulu. For more information, call 522-7066.

#### **Come out for Healthy Kids Play Morning**

The Healthy Kids Play Morning is scheduled May 13 from 9:30 to 11 a.m. in building 5082, in the outside playground. that will offer resources, healthy snack ideas, as well as art and sensory activities. This parent-participatory event is geared for parents and their children 5 years of age and younger. Call to RSVP. Families do not have to be in the Exceptional Family Member Program to participate. For more information, call 257-0290.

#### **Shipyard offers monetary STEM Awards for** high school robotics students

Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility has announced it will award 10 local students interested and active in robotics with a monetary prize. The intent is to recognize local high school students who have demonstrated dedication to science, technology, engineering and mathematics activities. To be eligible for the STEM Awards, applicants must be a Hawaii resident, a current high school (public, private or home-schooled) student in good academic standing; and be able to provide proof of active participation in Hawaii's annual FIRST Robotics Competition for at least one full academic year.

The official application form, which includes details on an essay requirement and required letters of recommendation, must be submitted by May 30. Contact Eric Petran at 473-8000, ext. 2560, or eric.petran@ navy.mil to obtain the application form and details of

the submission criteria.

#### Try out for All-Marine teams

Headquarters Marine Corps Sports and Recreation is seeking applications for the 2014 All-Marine triathlon team, rugby team and men's and women's softball teams. July 9 is the submission deadline for the All-Marine Rugby team and Aug. 12 for softball. For more information, see Marine Administrative Message 120/14, available at www.usmc-mccs.org/sports/ maradmin.cfm?sid=rf&smid=10. Marines interested in applying should visit the Semper Fit athletics office in building 219 or call 254-7590.

### Compete in fishing derby at Hoomaluhia

The free Keiki Fishing Derby is scheduled June 7 from 10 to 11:30 a.m. for ages 4 to 17 at Hoomaluhia Botanical Garden. Event categories include longest fish more than seven inches, most Midas cichlids and most unusual catch. Fishing is on a catch-and-release basis, with the line in the water. Casting is not allowed. For more information, call 233-7323.